

Shirley J Wisk Bliss

Nutrition Facts

Serving Size 1/4 cup dry (28.3g)

1 cup prepared

Servings Per Container 32

Amount Per Serving

Calories 135 **Calories from Fat** 65

% Daily Value*

Total Fat 7g **10%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 2mg **1%**

Sodium 680mg **29%**

Total Carbohydrate 15g **5%**

Dietary Fiber 0g **0%**

Sugars 2g

Protein 2g

Not a significant source of Vitamin A,
Vitamin C, Calcium, or Iron.

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

Ingredients: Creamer (sunflower oil, corn syrup solids, sodium caseinate, dipotassium phosphate, mono- & triglycerides, sodium stearyl lactylate, algin), corn starch, wheat flour, natural & artificial flavor, chicken fat, salt, dried milk, hydrolyzed soy protein, silicon dioxide, sugar, onion, disodium inosinate & guanylate & spice extracts.